HEALTHY

Rest and leisure
After working hard for half a life, it is rare to put down work and enjoy the second half of life.

Happy but sad
Although we live a leisurely life, our body functions are gradually declining, and we inevitably feel worried about our health!

Faithful and firm
Jesus died on the cross for us. As long as we sincerely believe in Him, we can gain the strength from Him to face adversity……

Love and hope
Believe in Jesus and you will enjoy peace and happiness throughout your life, and even eternal happiness! Although good health is not certain, you are full of strength and hope to welcome the second half of your life!

The wise words in the Bible:
”Teach us to number our days, that we may gain a heart of wisdom.” Psalms 90:12 NIVUK
”Satisfy us in the morning with your unfailing love, that we may sing for joy and be glad all our days.“ Psalms 90:14 NIVUK

If you are interested in knowing more about Jesus Christ and our faith, you are welcomed to contact us.

